

CANTEEN MENU

ST PATS

TERM 4 2018

“**HEALTHY CUISINE**” promotes healthy eating by using **Low Fat** and **No added Salt** products plus **NO NUTS, MAYONAISE or EGGS.**

GLUTEN FREE options also available upon request

Toasted sandwiches (GF bread available \$1 extra)	3.50
- Ham & cheese	
- Chicken & cheese	
- Hawaiian (ham or chicken with pineapple & cheese)	
- Vegetarian (cheese and tomato or plain cheese)	
Toasted Pizza Wraps (GF available \$ 1 extra)	4.00
- Ham & Cheese	
- BBQ Chicken	
- Hawaiian (ham or chicken pineapple & cheese)	
Pasta Bolognese (GF available)	4.00
Nachos with mild salsa and cheese (GF)	3.50
Sausage roll	2.70
Gluten Sausage Roll	3.70
Chicken nuggets	
- 3 pack	2.00
- 6 pack	4.00
Wedges with sauce	3.00
Mini fruit muffin	0.30 each 2 for \$0.50
Mousse Chocolate (GF)	1.00
Fresh Fruit (GF)	1.00
Cheese & Sakata crackers (GF)	2.50
Dip & Vegie Sticks (GF)	2.50
Pop Corn	.50
Icy Poles	2.00
Icy Fruit Tubes	1.20
Frozen Yoghurt	2.50
Fruit Yoghurt	2.50
Plain Milk in Cup	1.50
Nippy's Choc or Strawberry	2.20
Juice pop-tops - orange, apple or apple/blackcurrant	2.20
Hartz water	2.00